



Hall Green Covid-19 Community Update



28th May 2020

Welcome to the Hall Green Covid-19 Community Update

Whilst Lock Down Restrictions appear to be gradually easing, continued help and support for Hall Green's vulnerable children, families and older citizens is still needed. This Community Update aims to provide you with the latest news and developments on support and resources available in Hall Green and across the wider City.

Community, voluntary and faith sectors, health, family support, social work, police, education, social care, early year's providers and GPs are committed to working together to offer local help. Birmingham City Council and BVSC are leading efforts to make it easier for people to get the support they need in the neighbourhoods where they live through:

- [Neighbourhood Network Scheme](#) (NNS)
- [Children & Families Early Help](#) Network

Accord is the lead partner for NNS and Early Help for families in the Hall Green Constituency. Our community teams are working across **Moseley, Kings Heath & Brandwood Sparkhill, Sparkbrook, Balsall Heath and Hall Green** to support people of all ages in diverse communities. More details about this citywide partnership can be found [here](#) and [here](#)

Hall Green NNS is working partnership with The Muath Trust to provide a Covid -19 Community Hub offering direct support to individuals seven days a week. Providing a local Community Help Point for anybody aged 50+, who is struggling at home and is in need of support. Contact: support@muathtrust.org or call **07547 249 659**

The Muath Trust
in partnership with
Hall Green Neighbourhood Network Scheme
Covid-19 Community Hub

Support for over 50's Living in Sparkhill, Balsall Heath & Sparkbrook

<p>Are you self-isolating? Shopping, prescriptions and essential provisions can be delivered</p> 	<p>Need a hot meal? Hot meals provided once a week to vulnerable adults (50+) who don't have regular hot meals</p> 	<p>Are you struggling financially? We can arrange a free food parcel to be delivered to you</p> 
<p>Need advice? Advice provided on Welfare, Benefits and Coronavirus related issues</p> <p>Concerned about a family member or friend? Wellbeing checks can be carried out</p>	<p>Feeling lonely or isolated? Why not talk to one of our befriending volunteers</p> 	<p>Don't speak English? Support provided in a number of languages including Arabic, Urdu, Punjabi and Bengali</p> 

Support available 7 days a week
MONDAY - FRIDAY from 9AM to 4PM and SATURDAY - SUNDAY from 10AM to 1PM
Call: 07547249659 or Email: support@muathtrust.org
Volunteers also required - please get in touch

The Muath Trust is a Registered Charity No. 1100481
The Bordesley Centre, Stratford Road, Camp Hill, Birmingham, B11 1AR

Funding

The Hall Green NNS Team is happy to help and support community assets to apply for funding that best meets their needs. In particular, we can support groups applying for the following funds:



Hall Green Families

07570 953519

@Hallgreenfamilies

Hallgreen.Families@accordgroup.org.uk

Please keep connecting

mobile/text/whatsapp

Facebook/twitter

email

Hall Green NNS

07584 500595

@HallGreenNNS/@HallgreenN

HallGreenNNSTeam@accordgroup.org.uk



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Hall Green
Neighbourhood
Network Scheme



Connecting local people to neighbourhood support in Hall Green

Funding up to £10,000 to relieve and prevent suffering as a result of the Covid-19 outbreak: **Rolling deadline**

COVID 19 RELIEF GRANTS

To promote what exists, invest to meet need and strengthen local capacity to fill gaps

We can fund diverse activities but expect that most funded projects will offer some support to vulnerable older people over 50

For more information
Email: HallgreenNNSTeam@accordgroup.org.uk
Phone/Text: 07584 500595



Hall Green NNS has a small grants programme that can fund community support activities. Applications can benefit anyone affected by the Covid19 emergency but we expect that most projects will include vulnerable people who are 50yrs plus. Don't worry if you have missed the closing date. Get in touch if you want to apply as this is a rolling programme.

Accessing Wider Support

For details of [Covid-19 Support Services in Sparkbrook, Balsall Heath, Sparkhill, Hall Green, Moseley, Kings Heath & Brandwood](#) please see our **directory attached**.

In addition to our Hall Green Community Support Directory attached, the information provided [here](#) could help you get the quickest access to the help you need to keep safe and maintain your wellbeing during the Covid-19 period. **Note [Birmingham City Council](#)** is also offering additional support in the areas of finance and benefits.

Women & Theatre

Fantastic opportunity to be involved in a Community Comedy Club for people aged 50+ and Carers living in Brandwood and surrounding areas of south Birmingham. The next 6 week online programme is due to start on 15th June 2020. If you would like any further information please contact Jess Pearson on **07849 214 799**



FREE & friendly ONLINE stand up comedy course for people aged 50+ & carers in Brandwood and surrounding areas



- Celebrate your funny side
- Stay connected and build confidence
- Have a laugh, and develop digital skills

6 weekly sessions via Zoom: Mon 15 June - Mon 20 July 2020, 3-5pm

You will need a smartphone, tablet or computer & a good internet connection. Please contact us if you're unsure. We're working with DigIKick to support people to get set up with Zoom.

For more info or to register:
info@womenandtheatre.co.uk
or **07849 214 799**






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Now, more than ever, we know people are going to experience bereavement that will need care, compassion and someone to talk to. That's why Birmingham St Mary's Hospice has launched a new telephone service to help them.



Birmingham St Mary's Hospice has launched a new bereavement telephone service, providing free one-to-one support to those who are struggling with the loss of a loved one. Experienced volunteers will provide a safe, confidential place where an individual can talk through their feelings without judgement.

Individuals do not have to be a patient or family member known to the Hospice to access this support. This new service can be accessed by anybody who has been bereaved, no matter how the person died or how long ago the loss was. Self-referrals welcome. For more details please contact stmaryshospice.bereavement@nhs.net or telephone Beth Hopkins, Bereavement Counsellor on **07966 165287** or Vicky Ross, Head of Family & Carer Support on **07966 165193**

Mental Health Support: Kinmos are still accepting referrals, however can only provide the support through telephone above until circumstances change. Please see: kinmos.org/services/



**SOMETIMES, A SIMPLE
'HOW ARE YOU?' IS
ENOUGH TO MAKE
SOMEONE'S DAY**

**SMALL THINGS MAKE A BIG DIFFERENCE
WHEN IT COMES TO MENTAL HEALTH**

Karen and Nigel are available Mon to Fri 9am to 4pm
Nigel Browne - Email: nbrowne@kinmos.com Tel: 07728 327 959
Karen Deamer - Email: kdeamer@kinmos.com Tel: 07849 500 664

Community Resources

New: [Safeguarding children and families during the COVID-19 crisis guide](#) SCIE has brought together new resource giving useful guidance for practitioners working to safeguard children and families during the COVID-19 outbreak, including social workers and those working in social care settings. This quick guide offers practitioners advice on safeguarding children and families who may be at an increased risk of stress, abuse, harm and exploitation from a range of sources during this time.

Right Help Right Time Refresher:

Here is also a [link](#) to the Birmingham Safeguarding Children's Partnership training on what sort of family or child need requires what sort of response. If you or your staffs is in need of a refresher on RHRT training, and carrying 'high risk' cases, please get in touch with us.



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Domestic Abuse: Women's Aid has produced new guidance on domestic abuse during the coronavirus outbreak. These include advice on wellbeing for survivors of domestic abuse and resources for friends, family, neighbour's and community members. [Visit the Women's Aid website](#) to find out more and download the new resources.

Safeguarding Contacts: Safeguarding under lockdown is difficult but more important than ever. If you do have adult or child safeguarding concerns please contact the relevant Safeguarding Team on 0121 301 1100 (Mon – Fri 9am – 4pm)

NHS Volunteer Responders - now open for self-referrals:

People who have been advised to shield can ask volunteers for short-term help by calling **0808 196 3646** between 8am - 8pm or through the [NHS Volunteer Responders referrers' portal](#). Responders can help with tasks such as collecting shopping and prescribed medicines or driving patients to medical appointments.



NEVER ALONE

NSPCC 0808 800 5000 (24hrs)	National Domestic Abuse Helpline 0808 2000 247 (24hrs free)
Mind 0300 123 3393 (Mon-Fri 9-6)	Victim Support 0808 168 9111 (24hrs)
Cruse Bereavement 0800 808 1677 (Mon-Fri 9-5)	ChildLine 0800 1111 (24hrs)
Action on Elder Abuse 0808 808 8141 (Mon-Fri 9-5)	Respect - Men's Advice Line 0808 801 0327 (Mon-Fri 9-5 or 8pm)
Samaritans 116 123 (24hrs free)	National Centre for Domestic Violence 0207 186 8270

Smart Women CIC have started delivering food, and offering help with shopping, medicine collections, benefit advice and financial advice in the Sparkhill/Sparkbrook area. They can be contacted via SMART WOMEN Community Training Centre, 91 A MEDLICOTT ROAD SPARKHILL B111UB, PHONE NUMBER: 07404327496 or EMAIL: swctc@hotmail.co.uk

Emergency community response hub BCC helpline is there for those in critical need and are self-isolating but are unable to rely on family or friends for adequate practical support for Emergency food supplies and Social contact.

To access you need to [Complete community support form](#) or phone **0121 303 1116**, open Monday to Friday 9am to 5pm

Please stay safe, share this information and encourage others to join our mailing [list](#).



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