

7 Meal Recipe Kit

FREE of charge and Delivered.

Our kit contains recipe booklet along with all the fresh ingredients to make 7 healthy, fresh meals to enjoy alone or with your loved ones.

If you are interested in receiving one of our 7 meal recipe kits



and you live in Hall Green North/South, Mosely, Sparkbrook, Balsall Heath East/West, Billesley or Spark Hill

please drop us an email at

s.fulford@ageconcernbirmingham.org.uk

or call on 0788 4111758.

Limited quantity available



Hall Green
Communities