

Food Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Food Bank Finder	Find Food Banks Brum		Search for a food bank in Birmingham, near you		https://quick.myfoodbankfinder.com/
Food Bank	Anawim	228 Mary Street, Balsall Heath, Birmingham B12 9RJ	Food parcels but only for women & they would have to attend their drop in 10am-2pm	0121 440 5296	https://anawim.co.uk/
Food Bank		592 Fox Hollies Rd, Hall Green, Birmingham B28 9DX	Food Bank Friday 2pm to 5:30pm.	0121 7773689	admin@ascensionhallgreen.org.uk
Food Bank	Balsall Heath	Edward Road Baptist Church Balsall Heath B12 9LY	Collect food and can issue vouchers to help the neediest in our community. (In conjunction with the Balsall Heath Church Centre- Edward road acts as the satellite of the Sparkhill Food bank)	0121 256 2565	samy@erbc.org.uk enquiries@erbc.org.uk
Food Bank	Birmingham	Balsall Heath Church, Mary Street, Birmingham B12 9JU	Foodbank Centre Thursday 11am to 1pm	0121 440 1138	foodbank@narthex.org.uk
Food Bank		80 High Street, Kings Heath, Birmingham B14 7JZ	Weekly foodbank on Wednesdays between 12 noon and 2.00 p.m.	0121 444 1230	Elaine.Hyde@newlifebaptistchurch.org.uk

Food Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Food Provision	The Springfield Project	Where Formans Road meets Reddings Lane - B11 3DD	Food Pantry : Joining fee of £4 weekly & access a weekly shop for all the family. Mondays 9:30am to 11:30am or 12:30 to 2:30pm	0121 777 2722	info@springfieldproject.org.uk
Food	Homeless One	10 New Bartholomew St, Digbeth B5 5QS	Meals Served 6.00pm to 7.30pm 7 days a week.	07979 767 979	
Food Parcels	Birmingham Irish Association	St Anne's Parish Centre, Alcester St, Deritend, Birmingham B12 0PH	Food Parcels for collection for people from Irish Heritage	0121 647 5105	trudy@birish.org.uk
Food Parcels	Daar-ul-Jannah Advice Centre	861 Stratford Road B28 8BH	Please arrange food parcel collection only by phone	0121 792 5442	daar-ul-jannah@hotmail.com
Food Bank & Befriending	Narthex Sparkhill	St John's Church, Sparkhill, Birmingham B11 4RG	Foodbank & befriending. Food bank Weds: 10:30am to 12:30pm. Need Red Food Vouchers available via Citizens Advice, Children's centres, health	0121 708 1398	foodbank@narthex.org.uk

Food Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Food Bank	Church of the Ascension	592 Fox Hollies Rd, Hall Green, Birmingham B28 9DX	Food parcels -only on Friday's 2.30-5pm	0121 777 3689	
Community Café	The Active Wellbeing Society (The Big Feed Project)	All Saints, Herbert Road, Small Heath, Birmingham B10 0PR:	Community Café's Monday to Friday, 12 – 1:30pm	0121 728 7030 :Phone lines are open Mon-Fri 9am-5:30pm & Saturday 9:30am-12:30pm.	bigfeed@theaws.org
Community Café	TAWS The Big Feed Project	Kings Hurst Youth & Community Centre, 5 Marston Drive, Kings Hurst, Birmingham B37 6BJ	Community Café: Mon & Fri 12-1.30pm	As above	bigfeed@theaws.org
Food Parcels	Foodo Needo	24-28, Smithfield House, Digbeth, Birmingham B5 6B	Food Parcel for Collection only - Fridays 10am-4pm	0300 311 1312	Email: info@feedo.needo.org.uk

Employment & Skills Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
ESOL, English and Basic IT courses	AT PACE CIC	Women & Enterprise Hub 249A Ladypool Road B12 8LF	Course eligibility / criteria for ESOL, English and IT as follows: 1. 19 years + 2. Unemployed on benefits, economically inactive or Low income. 3. UK or EU Citizen / Resident in UK for 3 years / Married to a UK Citizen / Asylum Seeker or Refugee.	7533306054	info@at-pace.com
City & Guilds Training	AT PACE	Women & Enterprise Hub 249A Ladypool Road B12 8LF	C & G Level 2 Leadership & Management Course for employed and furloughed men and women. Duration: 10 weeks. Session: 3 hours Start Date – enrolling now	7533306054	info@at-pace.com
Community Centre & Adult Training	The Brandwood Community Centre	157 Allen's Croft Road, Kings Heath B14 6RP	Pick 'n' Mix Online Workshops. Free appointment for debt & Benefit Advice. Online Finance Information Sessions. Seat Yoga	office@brandwoodcentre.co.uk	

Employment & Skills Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Job, Training or Education Opportunities Age 16 to 29 Years	Youth Promise Plus		Youth Promise Plus support young people age 16 to 29 who are not in work, education or training and who live in Birmingham and Solihull. CV and Jobs. Gain Qualifications, Apprenticeship Training. Coaching and Mentoring		www.birmingham.gov.uk/yppsignup
Training & Employment Support for Parents of Under 5s	Springfield Project	The Springfield Centre, Springfield Rd, Moseley, Birmingham B13 9NY	offer a range of support that is tailored to the parent or carer: Thinking and preparing for career options for when children are back at school ·Online courses including ESOL and computer skills ·College courses ·Volunteering with ourselves or other organisations · CV preparation · Job applications · Job search · Interview skills	0121 777 2722	info@springfieldproject.org.uk : or R.Claire@springfieldproject.org.uk

Benefits, Finance, Debt Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Advice	Citizens Advice	Gazette Buildings, 168 Corporation St, Birmingham B4 6TF	Citizens Advice can assist with making benefit claims, dealing with benefit related problems, filling out forms, debt support and general advice	03444 77 1010	www.adviceguide.org.uk webchat is also available
Advice	Birmingham Settlement	359-361 Witton Rd, Birmingham B6 6NS	Debt, Welfare Benefit Advice.	0121 250 0765	moneyadvice@bsettlement.org.uk
Advice	Disability Resource Centre (DRC)	Unit 18, Ace Business Park, Mackadown Ln, Birmingham B33 0LD	Welfare benefits advice, low level debt advice, energy advice. Mon to Thurs 8.45 to 5pm Fri – 8.45 to 4 pm	0303 040 2040	drc@disability.co.uk or help!@disability.co.uk
Advice	Ashiana Community Project	21-25 Grantham Road, Sparkbrook B11 1LU	Benefit & debt advice	0121 687 6767	shabana@acpgroup.org.uk
Advice	Unite the Union	6, Heneage St W, Birmingham B7 4AZ	Advice on employment law related to covid-19.	3332026557 OR 0121 643 6221	https://www.unite-theunion.org/
Advice	Birmingham Illegal Money Lending Team		Specialist support, help and advice for victims of loan sharks during this difficult time.	0300 555 2222	www.stoploansharks.co.uk/ reportaloanshark@stoploansharks.gov.uk

Benefits, Finance, Debt Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Debt Advice	Narthex Sparkhill	St John's Church, Sparkhill, St Johns Rd, Birmingham B11 4RG	Help and guidance to support families with debt call Project Manager Sandra	07467 045 294	Sandra@narthex.org.uk
Telephone & Practical Casework Support	Birmingham Methodist District's Adavu Project		Emotional and practical casework support (remotely by phone and online) to assist adult survivors of modern slavery to rebuild lives of fulfilment, freedom and dignity	0121 6471 960 (ask for Adavu)	info@adavu.org.uk please email on with your telephone number and we will contact you - this is to ensure staff safety
Advice	Sense	Sense TouchBase Pears, 750 Bristol Rd, Selly Oak, Birmingham B29 6NA	nationwide team of specialists, support workers, advisors, interpreters and volunteers help people to communicate and express themselves	0300 330 9260 or 0121 415 2720	info@touchbasepears.org.uk

Financial Help

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Practical financial help	Turn 2 Us	Online Support	National charity providing practical help to people who are struggling financially.	0808 802 2000	Complete contact form to request a call back. https://www.turn2us.org.uk/About-Us/Contact-us/Contact-us-form
Short-Term Crisis Fund	Local Welfare Provision – Birmingham City Council	Online Support	Scheme to helps vulnerable people in short-term crisis with food and essential items.		Make a claim here https://www.birmingham.gov.uk/info/20017/benefits_and_support/308/help_in_a_short-term_crisis/5
Outline of available grants for people on low incomes	Money Saving Experts	Online Support	Both Government grants and hundreds from small charities are available for individuals on a low income for all kinds of help.		https://www.moneysavingexpert.com/family/grants-low-income/

Financial Help

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Housing Payment Help	Discretionary Housing Payments – Birmingham City Council	Online Support	Payments are for people who need extra help with their rent when Housing Benefit, Local Housing Allowance, or Universal Credit doesn't cover the full amount.		https://www.birmingham.gov.uk/info/20017/benefits_and_support/373/extra_help_with_your_housing_costs_council_tax
Grants for families & individuals	Cosaraf Charitable Foundation	Online Support	Grants for families facing hardship. Applications can only be made by recognised social organisations, such as charities, housing associations, schools and social services acting on behalf of the family	info@cosaraf.org	Please apply directly here https://www.cosaraf.org/apply-for-funding/

Housing Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Housing	Trident Rough Sleepers scheme	Trident Group, 239 Holliday Street, Birmingham B1 1SJ	6AM - 12PM 7 DAYS	0800 880 7157	

Housing Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Housing	Birmingham City Council Temporary Accommodation		Temporary Accommodation:	0121 464 6381 or 0121 675 6805 or 0121 675 5531: Out of Hours Emergency: 0121 303 2296 (after 5:15pm or 4:15pm on Fridays)	https://www.birmingham.gov.uk/info/50099/your_housing_needs_assessment/1197/about_your_housing_needs_assessment/7
Housing	Narthex Sparkhill	St John's Church, Sparkhill, St Johns Rd, Birmingham B11 4RG	Housing and benefit advice	0121 753 1959	Sandra@narthex.org
Housing	Newtown Housing Options Centre	Newtown Shopping Centre, New Aston House, Birmingham B19 2SW	They recommend if you have somewhere safe to stay, please remain where you are. If you need advice or if you are about to become homeless, phone support is available.	0121 675 5779	https://www.birmingham.gov.uk/info/50094/housing_options/1191/newtown_housing_options_centre

Housing Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Housing	St Basil's Youth Hub	71-75 Allcock St, Birmingham B9 4DY	"Emergency (Accommodation) out of hour's number 5:15pm onwards or on Friday 4:15pm onwards: 0121 303 2296 or for anyone under 18: 0121 675 4806. Birmingham Social Services: (For help with housing and social support and care needs). Monday to Friday 8:45am - 4:15pm: 0121 303 1234. Out of hours from 5:15pm: 0121 675 4806	0300 303 0099 or 0121 772 2483 or text Need St Basils to 62277	info@stbasils.org. uk

Befriending Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Telephone Support	Balsall Heath Neighbourhood online - Mutual Aid Group	Balsall Heath	Offer a friendly chat on the phone to anyone feeling worried or lonely. Signpost to other local support and services.	0808 169 9599	contact@neighbourhoodnewsonline.com

Befriending Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Telephone Support	Digikick		Free online virtual 8-week project to help build confidence one in small groups and video calls. Various start dates.	07920 490 263	info@digikick.co.uk
Befriending Phone Service	The Active Wellbeing Society	Listen & Connect, Studio 309, The Custard Factory, Gibb Street, Birmingham, B9 4AA	Listen and Connect provides a telephone support service that offers a safe space for people to feel heard and to talk about what is important to them. TAWS can offer practical solutions with links to Share Shacks & food support	0121 728 7038	info@theaws.org
Befriending Service	Age Uk	55 Alcester Road South, Kings Heath, Birmingham B14 7JG	Age UK, one of the ways we try to combat loneliness in later life is through our friendship services. We offer 2 different types:	0121 437 0033 General / 0121 437 0479 Information & Advice Line	https://directory.ageuk.org.uk/

Befriending Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Befriending Support	Compass Support	The Sanctuary Tangmere Drive, Castle Vale Birmingham B35 7PZ	The focus on community inclusion, with a particular aim to combat loneliness for elderly residents.	0121 748 8111	sarah.powers@compass-support.org.uk
Befriending & Prescription Collection	Moseley Together		Befriending and prescription collection (from Moseley Pharmacies only) for Moseley residents.	TEXT or CALL: 07796 668257	info@moseleytogether.org.uk

Bereavement Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Booked Telephone Support & Webchat	Child Bereavement UK		We help children and young people (up to age 25), parents, and families, to rebuild their lives when a child grieves or when a child dies. We also provide training to professionals, equipping them to provide the best possible care to bereaved families. Also support for grieving families with children with autism.	Freephone Helpline 0800 02 888 40 (Monday – Friday, 9am – 5pm)	Webchat www.childbereavementuk.org

Bereavement Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
One to One wellbeing support, connecting carers and wellbeing support	Communities in Sync	1st Floor, Landchard House, Victoria Street, West Bromwich, B70	Supporting carers through loss & bereavement	0121 525 1127	caringforcarers@communitiesinsync.in https://communitiesinsync.info/
Bereavement Support & Webchat	At A Loss	PO Box 824, CHICHESTER, PO19 9WW	Support and resources for families, children & young people		www.ataloss.org Brief Chat www.ataloss.org/live-chat
Bereavement Support	Bahu Trust,(The Kindness Project)	17-21 Ombersley Rd. Balsall Heath, Birmingham B12 8UR	confidential support scheme aimed at helping members of the community, regardless of race, faith or background, through the bereavement process.	0121-440 4096	friends@bahustrust.org
Bereavement Telephone Service.	St Mary's Hospice		Free one to one support to those who are struggling with the loss of a loved one due to Covid-19.	7966165193	www.birminghamhospice.org.uk/community-bereavement-service

Bereavement Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline & webchat	Winston's Wish	B70 8ER	Support for bereaved children & young people after death of a parent or sibling	Freephone National Helpline on 08088 020 02	Online chat is available every Tuesday from 1-5pm and every Friday from 9.30am-1pm https://www.winstonswish.org/online-chat/

Mental & Covid Health Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	Birmingham Mind	17 Graham Street, Hockley, Birmingham B1 3JR	7 days a week	0121 262 3555	help@birminghammind.org
Helpline	Samaritans	13 Bow St, Birmingham B1 1DW	Suicidal Thoughts and Low Moods Helpline	116 123 or BADGER 0300 555 0303 or NHS Direct 111	
Advice	West Midlands Strategic Migration Partnership-		Multilingual advice and COVID related migration updates		wmsmp@birmingham.gov.uk

Mental & Covid Health Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	Birmingham & Solihull Mental Health Services	48-52 Allcock Street, Digbeth, Birmingham B9 4DY	Emotional help, guidance and reassurance for under 18s during the current Covid-19 period	0207 841 4470 - 0121 262 3555 or 0800 915 9292 (24 hours a day, 7 days a week)	askbeam@childrenssociety.org.uk
Telephone Support	NHS Birmingham & Solihull	NHS Birmingham and Solihull Clinical Commissioning Group, First Floor, Wesleyan, Colmore Circus, Birmingham, B4 6AR	Adult Mental Health Support Over 18s Everyday 9am to 11pm	0121 262 3555	https://www.birminghamandsolihullccg.nhs.uk/your-health/mental-health-support-offer
Health & Wellbeing	The Springfield Project	The Springfield Centre, Springfield Rd, Moseley, Birmingham B13 9NY	Midwife Clinics, Children's Centre support.	0121 777 2722	info@springfieldproject.org.uk
Health	Infant Feeding Support		Virtual Support Group and individual allocated time slots	7786528496 or 0121 477 6440	

Mental & Covid Health Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	Covid-19 Maternity Hotline		Friendly midwives to answer questions and support your care	0121 335 8234	

Disability & SEND Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Play Activity	Birmingham Children's Quarter	Children's Quarter All Saints Centre 2 Vicarage Road Kings Heath, BIRMINGHAM B14 7RA	Delivering Play Packs to children and young people with additional needs and their families during the coronavirus lockdown	0121 803 8307	Fill out form https://childrensquarter.org/contact/ or tweet @ChildrenQuarter
Advice & Parent Support	Autism West Midlands	Head Office Imperial Court, Sovereign Rd, Kings Norton, Birmingham B30 3ES	Offering online parent support groups, along with help and advice.	0121 450 7582 & Helpline: 0121 450 7575	info@autismwestmidlands.org.uk
Advice	Disability Resource Centre (DRC)	Unit 18, Ace Business Park, Mackadown Ln, Birmingham B33 0LD	Welfare benefits advice, low level debt advice, energy advice. Mon to Thurs 8.45 to 5pm Fri – 8.45 to 4 pm	0303 040 2040	drc@disability.co.uk or help!@disability.co.uk

Disability & SEND Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
SEND Parent and Family Support	Balsall Heath Children's Action Team Support (CATs)	110 Edward Road, Balsall Heath, Birmingham, B12 9LS	For families and carers of children and vulnerable adults with disabilities. Community activities, parental support and play via phone, online and safe doorstep contact. Specialist benefit and financial advice.	Nazreen: 07889 930040 0121 440 1007 or Claire: 07775 712788	info@bhcats.org.uk http://www.bhcats.org.uk/new/
Telephone Support	Midland Mencap	Pinewood, Bell Heath Way, Woodgate Business Park, Birmingham B32 3BZ	Telephone support Mon- Fri 8 am – 8pm Sat & Sun 10am – 4pm	0121427 6404 or 0121 442 2944	families@midlandmencap.org.uk
Supporting individuals with hearing loss	Access IAG Service	Deaf Cultural Centre Ladywood Road, Birmingham B16 8SZ	Advice and support by phone, text, email and online calls	07736134159 or 0121 450 5120 (message service only)	access@bid.org.uk

Domestic Abuse Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	National Domestic Violence Helpline		Domestic Abuse 24hr helpline	0808 2000 247	www.nationaldomesticviolencehelpline.org.uk

Domestic Abuse Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	Birmingham & Solihull Women's Aid	Ryland House, 44-48 Bristol St, Birmingham B5 7AA	Coronavirus & Domestic Abuse Support	0808 800 0028	info@bswaid.org
Helpline Practical Support & Provisions	Anawim	Balsall Heath Centre 228 Mary Street, B12 9RJ	Emotional and practical support with finance, housing, domestic abuse, for women. Shower facility, food parcels, clothing, toiletries and baby supplies. Mon-Fri 10am-2pm Emergency drop-in support.	0121 440 5296	referrals@anawim.co.uk www.anawim.co.uk
Helpline	Birmingham Crisis Centre	Box Rd, Birmingham B19 1ET	24 hour helpline open to ANY woman who is a victim of domestic violence and seeking refuge, help, advice and support	0121 507 0707	info@birminghamcrisis.org.uk www.birminghamcrisis.org.uk
Helpline	Men's Advice Line	Telephone support	Webchat/ phone emotional support, practical advice and information for men. Mon-Fri 9am-5pm	0808 801 0327	info@mensadvice.org.uk https://mensadvice.org.uk/
Helpline	Karma Nirvana	online & Telephone Support	UK Helpline for 'honour'-based abuse and forced marriage	0800 5999 247	info@karmanirvana.org.uk

Domestic Abuse Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline	West Midlands Black Asian Minority Forced Marriage & Honour Based Abuse Consortium	Telephone support	24hour Multilingual helpline	0800 953 9777	
Helpline & face to face support (by appointment only)	W.A.I.T.S	235 Dudley Road, Winson Green B1 4EJ	Advocacy service accompanying women to relevant agencies such as Civil Courts, Solicitors, Housing or Refuges.	0121 440 1443 ext 102, 103	
Men's Advice Line	Respect	online & Telephone Support	Friendly men's advice line offering non-judgmental emotional support, practical advice & information	0808 8010327	info@mensadviceline.org.uk www.mensadviceline.org.uk/

Early Years Families Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Practical help	Brum Baby Bank	Online referral forms	Based in South Birmingham helping supply baby items, nappies and food	Referral/Contact form	Facebook @babybankbrum

Early Years Families Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Baby Resources	Baby Aid Birmingham	via e-mails or phone	Supply baby equipment, clothing, nappies & food	7706655110	hello@babyaidbirmingham.co.uk
Emergency Response Fund	Home-Start Cole Valley	SURE Hotel, 47-49 Sherborne Road B27 6DX	Telephone and online emotional support for families with children under 5 yrs.	0121 572 0800	info@homestartcolevalley.org.uk
Telephone and Online Support	St Pauls Children's Centres	10 Malvern St, Balsall Heath, Birmingham B12 8NN or 6 Braithwaite Rd, Birmingham B11 1LB	Family & Early Years Support – Inc. breastfeeding support, food bank referrals, wellbeing support, safety advice & signposting	Malvern Street 0121 464 6349 Braithwaite Road 0121 675 1303	info@stpaulstrust.org.uk
Telephone & Online Support	The Springfield Project Children Centre	The Springfield Centre, Springfield Rd, Moseley, Birmingham B13 9NY	Family & Early Years Support – Inc. breastfeeding support, food bank referrals, wellbeing support, safety advice & signposting	0121 777 2722	info@springfieldproject.org.uk
Advice	Ashiana Community Project	21-25 Grantham Road, Sparkbrook B11 1LU	Early Years support	0121 687 6767	shabana@acpgroup.org.uk

Youth Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Support & Practical help	Who Cares, Young Carers Group	Gospel Oak Community Centre 17 Redstone Farm Road, B28 9NU	Providing support for young carers 5-16yrs, vulnerable young people & families through wellbeing phone calls, groceries, prescriptions, monthly activities.	07702 082331	whocares.gospeloakc.kcc.co.uk office@gospeloakc.c.co.uk dave@whwncic.co.uk
Support for 16-25 yrs.	Concorde Youth Centre	Claremont Road, Sparkbrook, B11 1	Youth offer readiness to work support for 16-25yr olds, online youth group activities, limited youth work at centre	0121 675 8882 or Natalie on 07712 436324	Natalie.a.haughton@birmingham.gov.uk or Twitter @ConcordCentre
Online Support	All Saints Youth Project	2 Vicarage Road, Kings Heath	Telephone & online youth group support #HomeNotAlone	Family support : 0743 679 8497 #homenotalone: 0793 034 1212 Office: 0121 443 1842	info@asyp.org.uk
Advice	Ashiana Community Project	21-25 Grantham Road, Sparkbrook B11 1LU	Support & advice for young people	0121 687 6767	shabana@acpgroup.org.uk

Parent Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Online supplementary classes & homework club	African Community Heritage Hub Ltd	Unit 5, 14-20 George St, Balsall Heath, Birmingham B12 9RG	Supporting children, young people and families stay connected to their local communities with virtual classes and homework clubs.	0121 408 8216	info@africanoheritagehub.org
Advice, Information & Online Support	Smartlyte	253 Alcester Rd S, Birmingham B14 6DT	Provide online family support, supporting residents to access local food banks and free school meal vouchers; pastoral and parenting support; benefits; skills training, money advice, online classes for parents as well as children. Advice in multiple languages	07766 448 447	hello@smartlyte.co.uk or Hafsha@smartlyte.co.uk
Support & Advice	Approachable Parenting	Innovation Development Centre, 22-28 George Street, Balsall Heath, Birmingham B12 9RG	Five Pillars of Parenting programmes, culturally sensitive support from pre-birth to 18. Befriending, mentoring, relationship counselling, information over WebEx, telephone and internet/social media.	0121-7738643	Facebook @ApproachableParenting info@approachableparenting.org.uk

Parent Advice & Support

Service Type	Organisation	Address	Community Offer	Contact Number	Email Address
Helpline, Advice & Practical help	Smart Women CIC Point of Contact	91 A Medicott Road Sparkhill, Birmingham B11 1UB	Focused on supporting South Asian women in Sparkbrook/Sparkhill with food, safeguarding support, loan of IT equipment shopping, prescription collection, benefit & financial advice Providing health and wellbeing support in various languages for local women.	07383 565322 or 07404327496	swctc@hotmail.co.uk