Sparkbrook Children's Zone

Measles Information for schools

Fri 8/12/23

Our partners

Birmingham and Solihull Integrated Care System
Caring about healthier lives

Birmingham Women's and Children's NHS Foundation Trust

SDS South DOC Services

Hall Green Families

Green Square Accord

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University of Birmingham

What is measles?

- Viral infection
  - Highly infectious
  - Symptoms of high fever, red and watery eyes, cough, runny nose, red blotchy rash
  - Can be serious
    - Especially in pregnancy and medically vulnerable people
    - Even healthy children can get really unwell
  - Prevented by MMR vaccine
  - No specific treatment as it's a virus – prevention is always best

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How to prepare for measles?

- Protect staff
  - Ask staff to check their measles immunity with NHS app or GP
  - 2 x MMR vaccines = immune
  - If any doubt see GP practice nurse for vaccine
- Ensure letters from Public Heath are shared with families as soon as possible
- Share messages about benefits of MMR vaccination
- Can you share leaflets/posters (next slide)?

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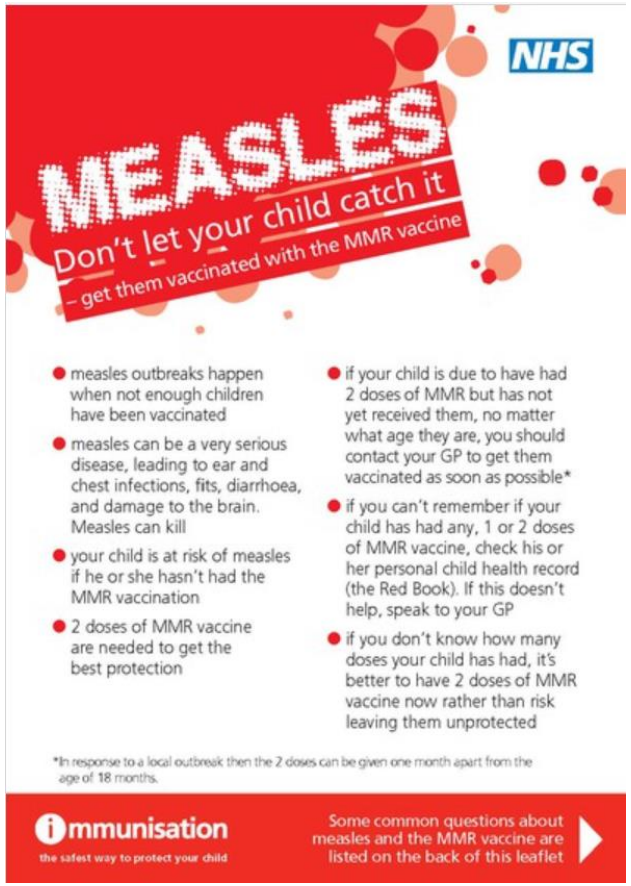
Would you like posters?



Email communications.bsolicb@nhs.net to ask for copies of leaflets/posters

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If a pupil is unwell

- Tell the family that measles cases are local
- Share information about symptoms of measles and prevention with the MMR vaccine
- Advise families a child with symptoms of measles needs to **isolate**
  - Suggest family use **Heathier Together** to gauge how unwell the child is
    - This will help families know if they need to see the GP or A&E
  - Advise avoid attending any healthcare setting if the child is **well**
  - If the child needs to attend ED or GP please **call first** and **tell reception** you think your child may have measles
  - GP will arrange for testing to be sent out through UKHSA

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Parental concern

- If a child has no symptoms and the parents are concerned about contacts/exposure
  - Call UKHSA for advice: 0344 225 3560 (option 2)
  - Promote MMR vaccine at all times – this is best way to stay safe
  - If child has had 2 x MMR vaccine then they are protected and safe. This means they cannot catch measles and cannot spread it.

- If someone is a confirmed contact and is **not** vaccinated they will need to isolate for 21 days.

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Thank you for your time this morning